



Career Development Center

Assessments for Alumni

Please contact the Career Development Center at (804) 289-8547 for assessment access information and instructions. Most assessments that the CDC provides are done in conjunction with advising sessions (in person or via phone) with a CDC career advisor.

Individual Directions Inventory (IDI)

Cost: \$110

The Individual Directions Inventory (IDI) measures 17 core drivers or directions for your life, which are unlikely to change significantly. A high score on a direction means that you are likely to enjoy and be motivated by activities that allow you to express that direction. A low score indicates that you are not likely to be motivated or to enjoy activities associated with that direction. Understanding your core motivations can help you to choose a satisfying career or life direction.

In order to take the assessments, please schedule a meeting with Russ Leonard, CDC assistant director. After a preliminary discussion, a link for the assessment will be sent by the Management Research Group, which administers this assessment.

Myers-Briggs Type Indicator® (MBTI®)

Cost: \$25

The Myers-Briggs Type Indicator® (MBTI®) assessment is the most widely used personality assessment in the world. With a proven record of reliability spanning more than 50 years, it offers a foundation for understanding individual differences and applying that understanding to the ways people think, communicate, and interact. Versatile and dependable, the MBTI tool sets the stage for lifelong learning and development. The MBTI assessment is used to develop individuals, teams, and organizations to meet today's challenges in such areas as communication, team building, leadership, and career management. Individuals and organizations, including many Fortune 500 companies, use more than 2 million assessments worldwide each year.

Strong Interest Inventory®

Cost: \$25

For nearly 80 years, the Strong Interest Inventory® assessment has helped organizations attract and retain the brightest talent and has guided thousands of individuals in their search for a rich and fulfilling life of work and leisure. The most respected and widely used career planning instrument in the world, the newly revised Strong is more powerful than ever, with major updates and new content that reflect the way we work and learn today:

- New focus on business and technology careers and the key skills required to work successfully in teams.
- New, more precise 5-point answer format to help your clients pinpoint the most satisfying career, educational and leisure choices.
- New Basic Interest scales - the most extensive revision since their creation in 1968 - including the fast-growing fields of computer hardware and electronics, marketing and advertising, finance and investing.
- New and revised Occupational Scales, including Computer & IS Manager, Network Administrator, Financial Manager, and ESL Instructor.